The Republic of the Union of Myanmar
Myanmar Nurse and Midwife Council
(MNMC)

Core Competencies for
MNMC Registered Nurses and Midwives

Developed by MNMC
2015
Acknowledgement

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Introduction

The Myanmar Nurse and Midwife Council (MNMC) was established back in 1922 through the Midwife and Nurse Act. In 1990, this Act was amended and enacted as the Nurse and Midwife Law. It was implemented to regulate nursing and midwifery professional practices to provide high-quality nursing and midwifery services to the people of Myanmar to protect them from disease and promote health and safety, based on the scope of professional nursing-midwifery practices.

The core competency standards of nursing and midwifery have been developed as the foundation for the regulation, education, and practice in these areas. These standards have been prescribed by the Myanmar Nurse and Midwife Council to regulate and improve nursing-midwifery education and practices. The MNMC, as a regulatory body for the nursing and midwifery profession, is involved in setting its own standards for education and practices, and ensuring that these standards are met in terms of public safety and service delivery of quality holistic nursing-midwifery care. The MNMC developed the Vow of Nursing Ethical Conduct and Regulations of Nursing-Midwifery Practices in 1990.

The “Core Competency Standards for MNMC Registered Nurses and Midwives” were developed and prepared in line with the Association of Nurse-Midwife Key Stakeholders Final Review Meeting (20-22 May, 2015, UON, Yangon)
Southeast Asian Nations (ASEAN) Nursing Core Competency Framework, which was used as a guideline for the regulation of comprehensive aspects of nursing and midwifery practices. These professional core competencies for MNMC registered nurses and midwives consist of 11 standard components: Competency in Ethics, Vow of Nursing Conduct and the Law; Nursing and Midwifery Practices; Continuing Care for Ill Clients; Family and Reproductive Nursing and Midwifery Practices; General Nursing Procedures and Skills; Professional Characteristics; Leadership, Management, and Quality Improvement; Academic and Research Competencies; Communications and Relationships; Technology and Information Competencies; and Social Competencies.

All MNMC Registered Nurses and Midwives from local, regional, national, and international sectors working in the Myanmar health care settings (public or private) must follow these core competency standards for nursing and midwifery practices to meet the requirements of the country’s local legislation and regulation.
Competency Standard 1
Ethics, Vow of Nursing Conduct and the Law

Standard Statement

Nurses and Midwives registered at MNMC should demonstrate an understanding of the theories and principles of the ethics, vows of professional nursing conduct, religion, culture, human rights, children’s rights, clients’ rights, the MNMC law, and other relevant laws. They must be aware of the scope of nursing practices and regulations related to the limitations and conditions of nursing and midwifery professional practices and other related professions.

Detailed Actions

Registered Nurses are sensitive to ethical and legal issues, capable of making moral decisions, and able to apply the Myanmar Nurse and Midwife Council Law to their nursing practices, as described below:

- Be aware of one’s own values and beliefs and not judge others.
- Provide nursing care with respect to client’s values, privacy, and beliefs, as well as human dignity.
- Realize one’s own limitations and be able to consult the appropriate expert. Never take risks that can adversely affects.
- Take personal responsibility and accountability for nursing practices, and for maintaining competency by continual learning.
• Assist clients to receive **accurate, sufficient, and timely information in a culturally appropriate manner.**

• Ensure confidentiality of client’s personal information and use judgement in sharing this information.

• Take appropriate actions to protect clients who are vulnerable to violation of rights and immoral and unethical practices.

• Be capable of making ethical decisions appropriately in which independent nursing care is required.

• Perform nursing care with compassion, respectfulness, responsiveness, trustworthiness, and integrity, taking into consideration the optimal benefits to the clients, professional code of ethics, laws, and relevant regulations.

• Maintain an environment conducive to provision of safe, competent, and ethical care of clients.

• Promote an environment in which the human rights, values, customs, and spiritual beliefs of the individual, family, and community are respected.

• Sustain a collaborative and respectful relationship with co-workers in nursing and other fields.

• Take appropriate actions to safeguard individuals, families, and communities when their health is endangered by a co-worker or any other person.

• Advocate for equity and social justice in resource allocation, access to health and nursing care and other social and economic services.
Competency Standard 2
Core Nursing and Midwifery Practices

Standard Statement

Nurses and Midwives registered at MNMC are able to integrate theoretical concepts; the science and art of nursing practices for safe, efficient, and high-quality holistic care delivery through appropriate process; evidence-based information; ethics; and professional core competencies. They are able to do so by taking into consideration health promotion, disease prevention, therapeutic nursing practices, and rehabilitation for clients throughout the life span.

Detailed Actions

Nurses and Midwives registered at MNMC are knowledgeable and capable of providing care using nursing process for individuals, groups, and communities in every stage of health, as well as promoting health and preventing or resolving illnesses that are considered major problems in the country.

- Demonstrate knowledge and capability of providing care to clients through appropriate nursing intervention.
- Observe a client’s condition by utilizing assessment techniques suitable to each individual’s culture and health status.
• Assess and identify health risks and health promotion factors, including the physical environment, as well as social and cultural factors.

• Formulate the nursing diagnosis based on data and diagnostic principles through the critical thinking process.

• Formulate a nursing care plan using information and empirical knowledge and evidence-based guidelines, and provide opportunities for the participation of families/caregivers.

• Perform nursing interventions within the scope of practice, training, and ability.

• Record and maintain documentation of nursing care practices that is clear, concise, complete, accurate, and timely.

• Facilitate self-care for health promotion, safety, and the achievement of nursing goals.

• Evaluate nursing interventions continuously in a timely manner.

  Undertake new roles and responsibilities that enhance nursing practices for the benefit of clients and to improve standards of care.

• Seek updated nursing practices from more expert practitioners when required beyond one’s own level of competence.
• Share advanced knowledge and skills with professional colleagues for practice.

• Assess the competency of nurses and midwives prior to delegating client care.

• Manage health promotion and disease and illness prevention across the life span to enable a client to be self-reliant regarding health care at the individual, family, group, and community levels.

• Implement principles of health education, behaviour modification, and promotion of health-related behaviours (such as exercise, eating, stress management, etc.).

• Provide immunization as specified by the Ministry of Health.

• Provide advice in the care, as well as promotion of growth and development of normal children, and early detection of health problems and provide referrals when required.

• Reinforce the strengthening and building of community participation so as to reduce risk factors and create health prevention activities.
Competency Standard 3
Continuing Care for ill Clients

Standard Statement

Nurses and Midwives registered at MNMC are knowledgeable in their responses to the needs of individuals and families regarding physical, mental, and social aspects of health through the implementation of continuity of care of clients in acute, emergency, disaster, critical, or chronic states.

Detailed Actions

- Assess health risk conditions and provide safe care, ensuring privacy and comfort for clients in acute and emergency situations, or who are experiencing critical and chronic conditions.

- Implement therapeutic nursing techniques to alleviate symptoms, providing privacy, safe care and comfort, and preventing any complications or disability.

- Apply continuity of care at home to develop client’s self-care.

- Apply palliative care principles for terminally ill clients and their families in order to die peacefully and with dignity.

- Demonstrate awareness of own role in managing a public disaster.

- Integrate referral system between hospitals and community care.
Competency Standard 4
Family and Reproductive Nursing and Midwifery Practices

Standard Statement
Nurses and Midwives registered at MNMC are knowledgeable in family theories, including the physical and psychosocial health of women during pregnancy, childbirth, and the postnatal period. They are capable of providing prenatal care services, screening for at-risk conditions, normal delivery, care of the mother, newborn, and family during the postnatal period, and being an advocate for exclusive breastfeeding and family planning services.

Detailed Actions

- Provide high-quality, culturally relevant care for women, newborns, and families through knowledge and skills of obstetrics, social science, public health, and professional ethics.

- Utilize the nursing process in providing care for clients and their families during pregnancy, delivery, and the postnatal period, including the care of newborns in normal condition and women at high risk and with complications.
• Provide high-quality prenatal care, identify health risk conditions or complications, and make an appropriate referral in time.

• Provide respectful maternity care, conduct safe and clean normal delivery, and perform episiotomy and repair, if necessary, and manage selected emergency situations.

• Provide comprehensive high-quality, culturally sensitive postpartum care and effectively promote exclusive breastfeeding.

• Provide comprehensive high-quality postnatal care of newborn.

• Provide individualized, culturally sensitive abortion related care that is consistent with national laws, regulations, and protocols.

• Collaborate and assist in performing obstetric and gynaecological procedures.

• Provide reproductive health and family planning services within the scope of the profession and departmental policy.

• Provide counselling on safe sex, marriage preparation, planned pregnancy, preparation for becoming parents, childbirth preparation, positive parenting, care of the mother during pregnancy and labour, and care of the newborn.

• Assist clients to promote bonding between mother and newborn, father, and family members during the pregnancy, childbirth, and postnatal periods.
Competency Standard 5

General Nursing Procedures and Skills

Standard Statement

Nurses and Midwives registered at MNMC possess the knowledge and ability to provide nursing skills and demonstrate correct use of common and advanced nursing procedures and techniques for clients of all age groups at every health care setting.

Detailed Actions

- Perform not only the basic, but also advanced nursing procedures skilfully and systematically in accordance with regulations of the Myanmar Nurse and Midwife Council.
- Assess client’s condition by utilizing nursing assessment techniques suitable to each individual and his or her culture and health status.
- Identify required nursing procedures based on observations through the critical thinking process.
- Perform nursing procedures with consideration of safety, comfort, and privacy aspects, according to unit or departmental policies.
- Evaluate a client’s progress after performing nursing procedures.
- Record complete, concise, clear, accurate, and timely nursing care practices.
Competency Standard 6
Professional Characteristics

Standard Statement
Nurses and Midwives registered at MNMC should attain professional characteristics to “be trustworthy; be a good role model in health and demonstrate appropriate conduct in their interaction with clients, family members, colleagues, and others; and have the ability to assess and respond to situations appropriately.” The continuity of self-improvement, a positive professional attitude, ability to express opinions confidently, analytical thinking, and good reasoning skills are also components of professional characteristics.

Detailed Actions

Professional characteristics:

- Be trustworthy and perceived as a competent professional.
- Be responsible, honest, and self-disciplined.
- Possess analytical skills in clinical judgments.
- Possess emotional maturity and be able to control emotions and respond with reason.
• Ensure good health practices and demonstrate an effort to reduce one’s own health risk factors.

• Practice nursing care willingly and enthusiastically.

• Be culturally sensitive in interaction with clients and co-workers.

• Be aware of rights and duties, protect one’s own rights, and be responsible within the scope of the profession.

**Continuation of self-development:**

• Possess ability to accept criticism and use criticism for self-development.

• Seek opportunity for life-long learning and use of advanced knowledge in nursing midwifery practices.

• Maintain registration and up-to-date licenses.

• Provide care according to the standards of practice.

• Maintain competency in areas of practice to meet the requirements of work goals.

• Maintain one’s physical, psychological, and emotional fitness.

• Comply with institutional policies, regulations, and procedures.
Keep professional integrity of the nursing and midwifery profession by:

- Registered at MNMC and being an active nursing-midwifery license holder.
- Be a member of the Myanmar Nurse and Midwife Association (MNMA) and supporting, cooperating with, and participating in MNMA activities.
- Expressing opinions and providing suggestions that are useful to the profession.
- Protecting the nursing-midwifery profession from violations by other individuals, organizations, and professionals.
- Be proud of oneself as a nurse and having faith in the profession.
- Promoting and maintaining the professional image of nursing.
Competency Standard 7
Leadership, Management, and Quality Improvement

Standard Statement
Nurses and Midwives registered at MNMC must be knowledgeable and skilled in leadership and management, teamwork, and using resources effectively, basic management theories, quality assurance, and quality improvement. They should be able to apply this knowledge in their nursing practice. They have the ability to problem-solve and are able to function as effective members of nursing multidisciplinary teams to achieve nursing goals.

Detailed Actions

Leadership and management skills:

- Demonstrate effective management skills and appropriate use of available resources.
- Demonstrate leadership characteristics and use leadership strategies in nursing and midwifery practices appropriately.
- Express ability to motivate, support, and create a healthy working environment.
- Make decisions for the benefit of clients and the organization.
• Negotiate for common interests in uncomplicated situations.

• Contribute to and participate in strengthening the management of nursing practices and quality improvement efforts.

• Demonstrate a positive attitude and ability in quality improvement efforts, participate in the quality assurance process for nursing practices.

• Delegate to others activities suitable to their abilities and the scope of practice.

• Use appropriate skills in problem-solving.

Teamwork:

• Be knowledgeable about team concepts, an effective team leader, and be able to build the team in nursing practice.

• Collaborate and consult with nursing and multidisciplinary teams to work toward achieving common goals.

• Identify nursing care problems, plan appropriate actions to take, and provide relevant care through teamwork.

• Participate in conferences, performance monitoring and reviews, and provide recommendations to prevent any operational problems.

Resource utilization:

• Procure and utilize required nursing-related materials and equipment.

• Prepare nursing practice-related materials and equipment for use.

• Maintain nursing practice-related materials and equipment.
Competency Standard 8

Academic and Research Competencies

Standard Statement

Nurses and Midwives registered at MNMC must be aware of essential aspects of conducting research and applying empirical information to practice and dissemination of knowledge to the health team and public. This will be the purpose of improvement in the nursing professional discipline.

Detailed Actions

- Search for understanding of new advances in nursing knowledge.
- Synthesize knowledge from personal experience and disseminate this knowledge to others.
- Share knowledge and information with colleagues to improve work and resolve work-related problems.
- Cooperate in research work that is beneficial to clients and society with respect to the rights of research participants and ethical issues of research.
- Assist and participate in research project activities.
- Conduct nursing research to explore further improvements in nursing practices.

- Summarize main ideas from professional articles, research findings, and apply them to nursing practices.

- Utilize knowledge of research findings to improve nursing practice.
Competency Standard 9
Communications and Relationships

Standard Statement
Nurses and Midwives registered at MNMC must demonstrate skills in communications, presentations, interpersonal relationships, effective exchange of information, and use of media, and professional relationships.

Detailed Actions

- Be knowledgeable about communication process.
- Demonstrate effective professional communications skills.
- Be able to warmly welcome clients and express a helpful and supportive attitude to meet the client’s needs and reduce his or her anxiety.
- Demonstrate empathic listening and ability to form clear and accurate conclusions of the main ideas.
- Be knowledgeable of therapeutic techniques in interactions and demonstrate skills in providing therapeutic nursing appropriately.
- Be capable of reading and summarizing the main ideas from data presented and technical articles in both Myanmar and English.
• Demonstrate ability to write an accurate technical paper in accordance with professional standards and with international standards of referencing.

• Be capable of providing nursing and health care information to clients using appropriate language and media.

• Possess professional counselling skills to provide advice.

• Acknowledge differences and use appropriate gestures, language, and expressions.

• Interact with others in a way that shows respect to one’s individuality and equality.

• Interact with the health care team and other personnel according to social norms.

• Engage in appropriate professional relationships.
Competency Standard 10
Technology and Information Competencies

Standard Statement
Nurses and Midwives registered at MNMC must demonstrate knowledge of Computer and Internet or be able to manage technological challenges, and use the Internet to search for information, as well as health and nursing knowledge.

Detailed Actions

- Demonstrate knowledge of recent technology related to health and nursing sectors.
- Be able to use basic computer programs necessary for nursing practices.
- Be knowledgeable about recent health and nursing information technology.
- Use electronic networks to search for information about nursing and health-related fields.
- Be able to communicate and exchange of the most up-to-date information.
- Participate in data collection efforts for the development of a nursing care information database.
- Participate in information system development.
Standard Competency 11
Social Competency

Standard Statement
Nurses and Midwives registered at MNMC are aware of social, economic, political, and cultural changes, and are capable of analysing information for the benefit of fellow professionals, social and the development of health systems.

Detailed Actions

- Be able to adapt to social, economic, and political changes.
- Analyse and evaluate information and changes in society, the economy, and politics.
- Participate in the social network for the development of health policies of the work area, local communities, and professional organizations.
- Adapt to social and cultural contexts.
- Maintain and promote values and culture of communities appropriate to the context of Myanmar.
- Maintain networking with local, state/regional, and central levels of the nursing system.
Appendix 1

Family and Reproductive Midwifery Practice
Competency-Related Skills (for Midwife only)

Communications:

- Engage in health education discussions with women and their families.
- Use appropriate communications and listening skills across all domains of competency (knowledge, skills, and attitude).
- Use simple language to convey messages that are easy-to-understand.
- Take account of the local circumstances, such as geographical diversity, culture, beliefs, customs, etc., when providing services and communicating with individuals.
- Respect and encourage traditional practices that are beneficial and not harmful, and discourage practices known to be harmful.
- Take a leadership role in the practice arenas based on professional beliefs and values.
- Practice effective interpersonal communications skills.
• Record and interpret relevant findings for services provided, for example, what was done and what needs follow-up.

**Antenatal Care:**

• Take an initial and ongoing history at each antenatal visit.
• Perform a complete physical and obstetric examination (such as: vital signs, fundal height, lie, position, and presentation and foetal heart rate) and explain findings to the woman and her family.
• Interpret findings and take appropriate actions.
• Assess maternal nutrition and its relationship to foetal growth; give appropriate advice on nutritional requirements of pregnancy and how to achieve them.
• Evaluate foetal growth, placental location, and amniotic fluid volume, using ultrasound visualization and measurement (if equipment is available for use and within scope of practice).
• Perform screening tests for anaemia, HIV, syphilis, proteinuria, or any other tests according to national protocol.
• Take blood to determine blood grouping, and other haematological investigations as may be required.
• Administer immunization and deworming according to national protocols.
• Educate the woman about nutrition and preparation for breastfeeding.

• Educate women about danger signs, birth preparedness, and complication readiness for possible community-based referral: who to contact, what support is available.

• Counsel couples on the importance of birth spacing, as well as appropriate contraceptives that can be used during the breastfeeding period.

• Document and report all findings at each antenatal visit.

• Provide counselling to the woman and family to accept treatment and/or referral.

• Identify risks (obstetric and medical conditions) and make arrangements for timely and effective referral, and perform first-line management (including performance of life saving procedures when needed).

**Intrapartum Care:**

• Provide culturally sensitive care throughout the full process of labour and birth.

• Assess and record the woman’s general status and condition: vital signs, physical conditions, etc.
• Explain to the pregnant women the stages of labour.

• Prepare sterilized equipment for vaginal examination.

• Explain the reasons for and procedures for vaginal examination, and perform with privacy and respect.

• Perform appropriate vaginal examinations, i.e., to reduce infection and record findings on partograph or similar record.

• Regularly monitor progress of labour: dilatation, effacement, foetal heart rate, etc., and record all findings on partograph or similar record.

• Provide respectful maternity care.

• Provide supportive care during labour (instruction on how to move/lie, breathe during labour and delivery, how to relieve pain, seek psychological support, etc.).

• Provide adequate hydration, nutrition, and non-pharmacological comfort measures during labour and birth.

• Allow companion of choice during labour and birth.

• Encourage position of choice during labour and birth.

• Manage emergency situations in accordance with national guidelines.
• Identify delayed progress in labour, by using the partograph, and augment uterine contractility, using pharmacologic agents (in appropriate birth settings), according to national guidelines.

• Early identification of maternal and foetal distress and take appropriate action, including referral when required.

• Keep the woman and her family/supporter regularly updated about the status of labour and planned management for timely referral.

• Assist normal delivery according to best practice.

• Perform a timely episiotomy, if indicated.

• Conduct active management of the third stage of labour (AMTSL), including estimation and recording of maternal blood loss.

• Perform fundal massage, if necessary, to improve postpartum uterine contraction.

• Perform urine catheterization if indicated.

• Perform a rapid assessment and manage obstetric and newborn emergencies according to national protocols/guidelines, including management of cord around the baby’s neck at birth, prolapsed cord, severe maternal and foetal distress, eclampsia etc.

• Provide immediate essential care of the newborn at birth (dry and keep warm, delay cord clamping, check breathing).
- Recognize signs of asphyxia at birth and take immediate action, including performing newborn resuscitation according to best practices.
- Initiate early breastfeeding including skin-to-skin contact.
- Inspect the placenta and membranes for completeness.
- Inspect the vagina and cervix for lacerations and repair first and second degree perineal or vaginal lacerations according to national guidelines.
- Repair an episiotomy, if performed.
- Educate woman and families to detect early signs of haemorrhage during the postpartum period for seeking appropriate health care.
- Perform first-line management of postpartum bleeding and haemorrhage, including using uterotonic agents and fundal message.
- Recognize and respond to shock, according to national guidelines.
- Perform cardio-pulmonary resuscitation.
- Perform manual removal of placenta for life saving measures in remote areas.
• Perform internal bimanual compression of the uterus to control severe uterine bleeding and perform aortic compression if indicated.

• Arrange for and undertake timely referral of a woman experiencing complications to the nearest appropriate health facility, accompanied by a health professional with required drugs and equipment.

**Postnatal Care:**

• Provide culturally sensitive care and support.

• Monitor contraction of the uterus and vital signs to detect postpartum haemorrhage early (at least once during the first six hours after delivery, first day after delivery, and following days as needed).

• Assess for uterine involution, lochia, and healing of lacerations and/or repairs.

• Explain to the woman and her family about life-threatening situations (e.g., secondary postpartum haemorrhage and severe sepsis).

• Teach women and families about early detection of abnormal signs of the woman in the postnatal period: eclampsia, breast
complications, sepsis, psychology disorder, urinary tract infections, etc.

- Detect and manage abnormal conditions in the postnatal period, breast complications, sepsis, psychological disorder, urinary tract infections, etc.

- Provide education on self-care, nutrition, personal hygiene, breastfeeding, sexual relations, and birth spacing.

- Provide support for women and their families who are bereaved (stillbirth, pregnancy loss, neonatal death, congenital abnormalities).

- Administer lifesaving drugs according to national guidelines (e.g., antibiotics, anticonvulsants, anti-malarials, anti-hypertensive) and arrange for timely referral.

**Abortion Related Care:**

- Diagnose miscarriage.

- Provide psychological support.

- Provide shock management as necessary (IV drip line, antibiotics) and timely referral as required (according to national guidelines).

- Refer the client to the nearest health facility and accompany the client.
- Perform evacuation of retained products of conception according to national guidelines.

- Provide post abortion birth spacing counselling and services according to national guidelines.

**Newborn Care:**

- Provide immediate care to the newborn, including:
  - Dry the newborn;
  - Place in skin-to-skin contact on mother’s abdomen or chest and cover to keep baby warm;
  - Suctioning (if needed); and
  - Delayed cord clamping (cord clamping and cutting when pulsation ceases).

- Follow infection prevention measures.

- Assess the immediate condition of the newborn.

- Identify respiratory distress in the newborn by rapid assessment by breathing, skin colour and heart rate within the golden minute (one minute), and perform in line management.

- Perform emergency newborn resuscitation, if necessary:
  - Provide suction (in case of airway obstruction);
  - Ventilate with bag and mask/tube and mask;
  - Chest compression, if necessary; and
Make arrangements for timely and effective referral.

- Promote and maintain normal newborn body temperature through skin-to-skin contact (e.g., blanket, cap), and environmental control (e.g., warmer).
- Provide routine care of the newborn, in accordance with national guidelines.
- Initiate and support early breastfeeding (within the first hour).
- Give appropriate care including, Kangaroo Mother Care for the low birth weight baby, and arrange for referral if potentially serious complications arise, or if very low birth weight.
- Identify congenital abnormalities and initiate appropriate and timely intervention.
- Detect and teach mother about early detection of abnormal signs of newborn in postnatal period: eyes, complexion, digestion, umbilical cord, etc.
- Recognize complications in the infant, stabilize, and transfer high-risk infants to emergency care facility accompanied by a health professional and the mother.
- Perform immunization according to national immunization schedule (BCG, Hep-B).
Health Promotion:

- Educate and communicate with women, their families, and communities about:
  - Promotion of good maternal and newborn health practices and services;
  - Benefits of regular check-up/medical examination;
  - Prevention of sexually transmitted infections and their risks and how to seek health care for treatment;
  - Dangers of early teenage pregnancies; and
  - Benefits of planned pregnancies.

- Work in partnership with auxiliary midwife and colleagues to provide high-quality maternal and newborn health care.

Record and Reporting:

- Collect and report data on maternal and child health data.
## Appendix 2

### Participants in Key Stakeholder Meeting for “Core Competency for MNMC Registered Nurses and Midwives”

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<td>Daw Khin Thein</td>
<td>Associate Professor, Department of Maternal and Child Health Nursing, University of Nursing, Yangon</td>
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<td>16</td>
<td>Daw Myint Htay</td>
<td>Associate Professor, Department of Fundamental Nursing, University of Nursing, Yangon</td>
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<td>17</td>
<td>Daw Clara</td>
<td>Associate Professor, Department of Community Health Nursing, University of Nursing, Yangon</td>
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<td>18</td>
<td>Daw Lahkri Hkawn Nu</td>
<td>Associate Professor, Department of Adult Health Nursing, University of Nursing, Mandalay</td>
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<td>19</td>
<td>Daw Hla Shwe</td>
<td>Associate Professor, Department of Maternal and Child Health Nursing, University of Nursing, Mandalay</td>
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<td>Daw Myint Myint Nwe</td>
<td>Associate Professor, Department of Community Health Nursing, University of Nursing, Mandalay</td>
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<td>21</td>
<td>Daw Tin Tin Kyaw</td>
<td>Associate Professor, Department of Mental Health Nursing, University of Nursing, Mandalay</td>
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<tr>
<td>22</td>
<td>Prof. Daw Khin Hla Shwe</td>
<td>EC, Myanmar Nurse and Midwife Council, Professor/Head (Retired), Department of Adult Midwifery Education (16-17 June, MOH, Naypyitaw)</td>
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Health Nursing, University of Nursing, Mandalay

23. Prof. Daw Khin Mya EC, Myanmar Nurse and Midwife Council, Professor/Head (Retired), Department of Fundamental Health Nursing, University of Nursing, Mandalay

24. Major Daw Than Aye EC, Myanmar Nurse and Midwife Council, Lecturer/Head (Retired), Military Institute of Nursing and Paramedical Sciences, Mingaladon, Yangon

25. Capt. Daw Than Than Soe EC, Myanmar Nurse and Midwife Council, Nursing Officer (Retired), Defence Services General Hospital (1000 Bedded), Mingaladon, Yangon

26. Daw Than Nyunt Oo Joint-Secretary, Myanmar Nurse and Midwife Council, Assistant Director (Retired), Regional Health Department, Taungyi, Shan State

27. Daw San Yi EC, Myanmar Nurse and Midwife Council, Director (Nursing) (Retired), Department of Health, Ministry of Health

28. Daw Ah Than EC, Myanmar Nurse and Midwife Council, Matron (Retired), ENT Hospital, Yangon

29. Daw Shwe Kyi EC, Myanmar Nurse and Midwife Council, Assistant Director (Retired), Regional Health Department, Mandalay Division

30. Prof. Daw Yin Mya President, Myanmar Nurse and Midwife Association (Central), Professor/Head (Retired), Department of Mental Health Nursing, University of Nursing, Yangon

31. U Khin Maung Win Secretary, Myanmar Nurse and Midwife Association (Central)

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<table>
<thead>
<tr>
<th>Stakeholder</th>
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<tbody>
<tr>
<td>32. Daw Aye Shwe</td>
<td>EC, Myanmar Nurse and Midwife Council, Nursing Officer (Retired), Department of Health, Ministry of Health</td>
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<tr>
<td>33. Daw Khin Ohn Myint</td>
<td>Nursing Superintendent, Yangon General Hospital, Yangon</td>
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<tr>
<td>34. Daw Win Kyi</td>
<td>Assistant Director (Nursing), Department Health, Nay Pyi Taw Council Region</td>
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<td>35. Daw Win Win Myint</td>
<td>Assistant Director (Nursing), Regional Public Health Department, Yangon Region</td>
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<tr>
<td>36. Daw Leoni</td>
<td>Assistant Director (Nursing), State Health Department, Kachin State</td>
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<tr>
<td>37. Daw Naw Eh Thwe</td>
<td>Assistant Director (Nursing), State Health Department, Kayin State</td>
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<td>38. Daw San Win</td>
<td>Assistant Director (Nursing), Regional Health Department, Tha Nin Tha Yi Region</td>
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<td>39. Daw Patricia Moses</td>
<td>Assistant Director (Nursing), Regional Health Department, Bago Region</td>
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<td>40. Daw San San Yin</td>
<td>Assistant Director (Nursing), Regional Health Department, Magway Region</td>
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<td>41. Daw Naw Rose</td>
<td>Assistant Director (Nursing), State Health Department, Mon State</td>
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<tr>
<td>42. Daw Oo Than Tin</td>
<td>Assistant Director (Nursing), State Health Department, Rakhine State</td>
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<tr>
<td>43. Daw Khin Win Myaing</td>
<td>Assistant Director (Nursing), State Health Department, Southern Shan State</td>
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<tr>
<td>44</td>
<td>Daw Khin Thant Zin</td>
<td>Assistant Director (Nursing), State Health Department, Northern Shan State</td>
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<td>45</td>
<td>Daw Mar Mar Aye</td>
<td>Assistant Director (Nursing), State Health Department, Shan State (East)</td>
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<td>46</td>
<td>Daw San San Tin</td>
<td>Assistant Director (Nursing), Regional Health Department, Ayeyarwaddy Region</td>
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<td>47</td>
<td>Daw Khin Khin Myint</td>
<td>Matron, General Hospital (1000 Bedded), Nay Pyi Taw</td>
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<td>48</td>
<td>Daw Kyi San</td>
<td>Matron, Central Women Hospital, Yangon</td>
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<td>49</td>
<td>Daw K. Awn Lu</td>
<td>Matron, General Hospital, Mandalay</td>
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<td>Daw Nyo Nyo Oo</td>
<td>Nursing Officer, State Health Department, Kayar State</td>
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<td>51</td>
<td>Daw Mu Mu Win</td>
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<td>Daw Myint Myint Mar</td>
<td>Nursing Officer, Regional Health Department, Mandalay Region</td>
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<td>53</td>
<td>Daw Aye Mi</td>
<td>Matron, Madalar Private Hospital, Mandalay. Principal (Retired), Nursing – Midwifery Training School, Mandalay</td>
</tr>
<tr>
<td>54</td>
<td>Daw Nan Nan Aung</td>
<td>MNCH – Advisor, Jhpiego, an affiliate of Johns Hopkins University, Myanmar</td>
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</table>

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Appendix 3: References


6. Thailand Nursing and Midwifery Council. (2010). Nursing and Midwifery Act: Registration & Licensing; Competencies of Registered Nurses; Foreign Relations; and ASEAN – Thailand Midwifery and Nursing Council.


8. ASEAN Secretariat. (2012). ASEAN Mutual Recognition Arrangement on Nursing Services. Sections: National Nursing Core Competency Standards and Facilitate Mobility of Practitioners within ASEAN.

